



Indianapolis Junior Roller Derby

Welcome to IJRD!

IJRD is a parent-run, non-profit, volunteer organization operating to provide an opportunity for junior skaters to participate and excel in the sport of roller derby.

We are an inclusive organization and support all skaters and their families regardless of race, color, religion, national origin, gender identity, body type, sexual orientation, citizenship, abilities, etc. and expect all adult members and skaters to treat each other with respect and kindness.

IJRD Skaters

IJRD accepts skaters ages 7 to 17. Our skaters range from beginners who may have only been on skates a few times to world-class junior derby athletes. Our volunteer coaches work with skaters where they are and help them to learn and improve at their own pace. IJRD skaters train hard, have fun, respect their teammates and coaches, and love the sport of roller derby. Our Varsity and JV teams compete throughout the Midwest and, at times, will compete at locations along the east coast, southern US, or even west of the Mississippi!

As skaters improve, their skills and knowledge of the sport will be assessed by the coaches. The athletic committee will select skaters for the JV and Varsity teams based on their knowledge, skills, teamwork, and dedication. Transfer skaters will also be assessed by the athletic committee upon joining, to determine the appropriate level for each skater.

Potential skaters and their parents/guardians are encouraged to observe a practice session before joining to meet current skaters and coaches and ask any questions they may have. Contact membership@ijrd.org to make arrangements. Practice is at a private facility on the East side of Indianapolis, so only skaters and family may attend. Our current practice schedule is as follows:

- Monday Nights 6:30 to 8:00 Level 2 focused practice (Rookies and Level 3 Optional)
- Wednesday Nights 6:00 to 7:30 All levels Skills/Endurance practice
- Friday Nights 6:30 to 8 Rookies (Level 2 Optional)
- Friday Nights 7:00 to 9:00 Level 3 Strategy and gameplay

In addition to practices, JV and Varsity skaters participate in open scrimmages on designated Monday evenings during times specified. Rookie skaters are encouraged to attend and watch and parents are encouraged to use this time to learn and practice non-skating official roles.



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IJRD League

IJRD is managed by a volunteer board of directors made up of parents/guardians of skaters. Everything we do relies on the involvement of our great group of adult members (skaters' parents, guardians, and, in some cases, grandparents too!) We all work to make sure important roles are filled each season and returning members help new ones each season to learn the ins and outs of this exciting sport. Everyone comes together on home game days to help and cheer on all of our skaters.

What It Costs

Annually (due upon joining and at the beginning of each season the following year)

Each calendar year there are two annual fees, the membership fee and the insurance fee.

1. **Annual Membership Fee - \$55 per family** (The annual membership fee covers all skaters in a family living together in the same household.)
2. **Annual Athos Insurance Fee - \$20 per skater** (The Athos accident insurance covers skaters during practices, games, and outside events while on skates.)

Monthly

Monthly Dues - \$40 per skater/month

In addition to the two annual fees, monthly dues are due for **each month of official practice**. Dues are due the 1st of each month.

* **Monthly Dues Multi-skater Discount:** If there is more than one skater in a family **living in the same household**, the dues for the first skater in the family are the standard \$40/month and dues for other family member skaters are \$20/month.

** **Monthly Dues Paid-in-full Discount:** If you pay your monthly dues all at once for a season, you receive a 10% discount.

What the Fees Pay

The Membership Fee and Monthly Dues ensures that we pay the necessary fees to remain members in good standing with the Junior Roller Derby Association (JRDA), our sanctioning body, as well as provides;

- access to our practice facility for weekly regular practices
- training equipment for our coaches and supplies for our medic
- opportunities for our skaters to participate in festivals, parades, and other activities
- facility rental, officials, supplies, food, etc. for our home games,
- end-of-season festivities and awards
- and much more!



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Payment Methods

Payments may be made by Cash, Check, PayPal, or by Credit Card (using Square). No other forms of payment are accepted by IJRD. Checks may be made payable to IJRD.

Other Costs

- **League Jerseys:** Once a skater has advanced to JV and can be rostered for games they will need 2 IJRD jerseys (1 black and 1 white). Jerseys are ordered roughly 2 times each year to allow members purchasing options. Jerseys are currently \$65 each. Rookies are also welcome to order a jersey.
- **Travel:** For away games, all parents and skaters are responsible to pay for their own travel. This includes hotel rooms, gas, extra tickets to games, and other associated costs with traveling.

Equipment

SKATERS WILL NOT BE PERMITTED TO SKATE WITHOUT ALL REQUIRED EQUIPMENT.

Required Equipment

- **Quad Skates:** short boot with 4 wheels (no inline skates)
- **Protective Gear:**
 - helmet
 - mouth guard
 - wrist guards
 - elbow pads
 - knee pads
 - Reusable Water Bottle



Recommended Equipment

- **Practice Shirts:** 1 plain black shirt and 1 plain white shirt with skater's name and number on the back (once the name and number have been checked)
- **Plain solid black leggings or shorts for games**
 - any color leggings or shorts allowed for practice
 - shorts are required to be at least 2" below the butt cheek
- Tailbone Protector or Hip Pads
- Outdoor Wheels
- Skate Tool



Skaters without proper gear will not be allowed to "hang out" at the practice facility. Should they arrive at practice and find they are not prepared to skate, they will be expected to condition at the coach's discretion.



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Volunteer Service Requirements

IJD is a parent-run organization with no paid positions so we all work together to make sure everything gets done. Because of this, it is **mandatory** for our parents/guardians to volunteer in some capacity for the league. There are opportunities to serve throughout the year in several different ways including helping with recruitment, marketing, fundraising, skater safety, etc. If committing to a larger volunteer position isn't possible, assisting with home game days and scrimmages counts as meeting the service requirement.

Home Game Day Service

Home games require an all-hands-on-deck approach to make them work. A home game includes 1 JV game and 1 Varsity game. We are responsible for **fully staffing all games**. For **each** game, we need:

- 11 Non-Skating Officials (NSOs)
- 2 people to staff the admissions table
- 2 people to staff the merchandise table
- 1 person to staff the check-in door
- 2 people for security
- 2 people for track maintenance
- 1 person responsible for skater food
- Additional Setup and teardown assistance as needed

That's 17 - 21 people multiplied by 2 games for a total of **42 spots** that need filled that day.

Please understand, we can't have home games without filling these spots, **at least 1 adult member per skater* is required to assist at all home games when your skater is participating**. Parents/guardians of non-participating skaters are strongly encouraged to also help out.

The most important positions, and the ones that have to be filled for the game to happen, are the 11 NSO positions. Because of this, at least 1 adult member for each skater* must be trained on at least 2 of the Non-Skating Official (NSO) positions and must sign up for an NSO position at each home game when your skater is participating. Usually people sign up for one of the games their skater is not in so they can cheer them on. If folks sign up to NSO for more than one game, there may be more adults signing up for NSO positions than are available, so you'll also be asked for your preferred non-NSO position.

Families that do not meet home game day service requirements risk having their skater be ineligible to be rostered for future games.

* In addition to parents and guardians, older siblings and other close relatives/friends can help with home games. Note that they have to be over 18 years old to be trained to serve as an NSO.



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Travel Policy

We are a travel league. Our Varsity and JV teams compete throughout the Midwest and at times, will compete at further locations along the east coast, the southern US, or west of the Mississippi. These games will be communicated as far in advance as possible to allow for all necessary preparations. Skaters and their families bear all associated travel costs including food, lodging, tickets as required to the game venue, etc.

Skaters rostered for away games are expected to travel. All efforts will be made to inform families of the rosters as early as possible. Skaters should also inform their coach immediately upon learning of an immovable commitment during the derby season. If we are not able to field a full roster for an away game to which we have committed, we will have to pay a substantial cancellation fee. Additionally, canceling harms IJRD's reputation in the sport of junior roller derby which affects our ability to schedule future away games. *Rostered skaters who do not travel and do not have serious extenuating circumstances risk not being rostered for future away games.*

Dates and locations for away games will be announced in the IJRD Slack Channel as soon as they are confirmed. Once an away game is announced, all Varsity and JV skaters who have previously been rostered are expected to hold that game weekend open and ensure they are able to travel if rostered.